

## SEDATION DENTISTRY OFFERS AN ANSWER FOR THOSE WITH DENTAL ANXIETIES

Even though taking care of your teeth is extremely important for your overall health, many people avoid going to the dentist. The reasons that a patient may avoid dental appointments are varied and very understandable. These reasons include anxiety, extreme fear, past experiences and the perception of pain. Other patients may be embarrassed because of their poor oral condition and they feel that their mouth looks bad.

It is important to go to a dental office where you feel comfortable and at ease with the dentist and staff that will care for you. A patient, helpful and understanding staff - from your initial phone call, to being greeted as you enter the office - is the first step for beginning a good dental experience. The dentist should take the time to discuss and understand your apprehension and any other dental concerns that you may have. Simply by being in a supportive environment, you are already on your way to overcoming your fears.

Sedation dentistry also offers an answer for those with dental anxieties. Sedation dentistry takes the fear out of dentistry by allowing patients to be sedated just enough to be unaware of their treatment. Sedation dentistry is more commonly referred to as conscious sedation dentistry. There is no I.V. induction of drugs. Your dentist will evaluate your health history to make certain sedation dentistry is right for you.

One pill sedation offers a stress and anxiety-free dental appointment. It can be the answer for those who have a tremendous fear of the dentist, bad gag reflexes or aversion to needles. In most situations, a great amount of dentistry, including cosmetic dental makeovers, may be performed in one appointment, thus reducing the number of appointments that are needed for treatment.

For those who dread going to the dentist, you can now approach dentistry in a whole new way with one pill sedation. You no longer have to let fear and anxiety risk your health or the health of your mouth. You may have felt that a "smile makeover" was a distant dream. With sedation dentistry, your cosmetic dental makeover can become a reality.